

September 24, 2019 Hard Hike: Las Trampas Regional Wilderness

The hike starts at 10:00 at the end of Hemme Avenue in Alamo.

Hike Description: This 3 hour hike is a 5.5 mile loop with some steep slopes with a total elevation gain of 1,100 feet.

We will start on the Ringtail Cat Trail, which is a very comfortable shaded single track for about 1/2 mile, and turn right onto a narrow unnamed trail. It is going to be a strenuous steep climb from here for about 1 mile with an elevation gain of about 900 ft. going northwest to Madrone Trail. We will continue on the unnamed trail with moderate slopes for ½ mile to Las Trampas-To-Briones Trail, which is the highest point of this hike. We will come back along Madrone Trail which is a fire road with up-and-down moderate slopes for about 2½ miles to the single track Ringtail Cat Trail. We will go downhill for about 1 mile to the parking lot.

Bring: Water, hiking boots, hat and trekking poles if you use them. There is no toilet facilities (Lots of trees and bushes en route).

Directions to the Trail Head: Take I-680 South towards Alamo. Exit Stone Valley Road (West) and turn right at Stone Valley Road. Turn left at first traffic light onto Danville Boulevard. Turn right at Hemme Avenue (First Traffic Light) and the trail head parking lot is at the end of the road. The parking lot at the trail head is small, but there are lots of road-side parking adjacent to the parking lot.

Ride Sharing: Ride-sharing is NOT set up due to the very short distance from the carpool garage to the Trail-head, just a few minutes from downtown Walnut Creek. Although the parking lot is small, there's plenty of street parking. If you need a ride, make arrangements with other hikers you know are coming or call the Hike Leader or Coordinator.

Optional Lunch: Round Table Pizza near the Sheriff's office in the NW corner of the Alamo Plaza.

Hike Leader: Y.K. Chan 925-457-2771 ykchan42@hotmail.com

Coordinator: Dave Davis, H: 838-1753 dav.davis@comcast.net

Photos below:

