

Hard Hike, September 28, 2021: Note Special Start Times from BART Station Schedule below

Stairs to Coit Tower, San Francisco

This iconic landmark in San Francisco is accessible after a 2-mile hike along the Embarcadero waterfront starting at Embarcadero BART Station. It features a 300 foot climb up steps to the top of Telegraph Hill. The hike provides wonderful views of San Francisco Bay and parts of the city (absent fog). After soaking up the views from Coit Tower, the route is reversed using a second set of hidden stairs, then an optional lunch stop at an old SF watering hole on the return walk to BART Embarcadero Station. This is a moderate/hard hike in length and elevation gain; made difficult by virtue of altitude gain via steps, not a path.

We begin by each of us taking the same BART train from the East Bay (see special instructions below) and exiting at Embarcadero Station. A walk over to the Ferry Building begins the waterfront portion of the hike, using the public access trail through the pier district. A left turn at Battery Street lands us at the foot of the Greenwich Street stairs that climb up through hidden gardens and old houses until the Coit Tower summit is achieved. After visiting the mural frescos of old San Francisco inside the Tower, we seek the near-by Filbert Street stairway for the descent to bay level. Halfway to Embarcadero BART is The Old Ship Saloon (established 1851) where we can take in an optional lunch.

Bring: Pre-loaded Clipper Card for BART access. **Mask – Masks are required to ride BART, to enter the Ferry Building, and Coit Tower.** A single trekking pole may be desirable for the ascent and descent of the stairs. (Two poles are a tripping hazard on the steps.) Restrooms are available at the Ferry Building. Water.

Directions: From your local east bay BART station, catch the SF BART train which arrives at the Embarcadero Station at 9:54 AM. Enter the last car so that we will all be in the same location. **Consult the schedule below to find the departure time for your local station train. Alternately, drive to the Orinda BART station and plan to catch the train which I, your hike leader, will take departing Orinda Station at 9:28 AM.** There is plenty of parking at the Orinda Station. We will exit the Embarcadero Station together at 9:54 and walk east to the Ferry Building which is the start of the waterfront hike. The waterfront trail meanders through several of the pier building structures and piers themselves. At Pier 27, we hook left onto Battery Street and immediately find ourselves on Greenwich Street near the foot of the first set of stairs. There are 387 steps up through the Greenwich Street neighborhood. They emerge right at Coit Tower. We will take the Filbert Street steps for our descent. A walk through Levi Plaza takes us to Battery Street once again. The Old Ship Saloon is found at Battery and Pacific Avenue.

After lunch, we continue on Battery to Market Street and the Embarcadero BART Station for the train home.

Optional Lunch: The Old Ship Saloon, corner of Battery & Pacific. Please bring cash for payment.

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Hike Chairman: Martin Simmons (925) 586-2704 Martin@infinitylane.com

Photos:

Coit Tower and Golden Gate Bridge





Special BART schedule for train to SF:

Station	Antioch	Pittsburg	Bay Point	North Concord	Concord	Pleasant Hill	Walnut Creek	Lafayette	Orinda
Departure	8:47	8:54	9:01	9:07	9:10	9:16	9:18	9:23	9:28

Check <http://BART.gov> for local station parking guidelines and fees.