October 28th 2025 Hard Hike - Crockett Hills Regional Park 9:30 a.m.

Hike Description: This hike offers scenic views of Carquinez Strait including some water views of the San Pablo and Carquinez Strait in the direction of Benicia and Vallejo. The Sky and Soaring Eagle trails are about 95% exposed to the sun. From the main parking lot we will take the left side trail along the Edwards Loop offering a slightly longer but steadier climb up to the ridge. The alternative Crockett Ranch Trail is shorter but steeper. We will return down the Edwards Loop to avoid the steep, slippery sections on the shorter Crockett Ranch Trail found on the pre-hike.

Total length 5 miles and elevation gain of 700 feet according to AllTrails.

Special Note:

- 1. Bathrooms at the of start the hike.
- <u>2.</u> There is a steady climb from the trail head up to Sky Trail and we pass under the Cummins Skyway, the remainder of the hike is then relatively flat with a downhill return to the trail head.

AllTrails map:

I hope the link opens up properly for you:

https://www.alltrails.com/explore/map/map-september-8-2025-5a0c828?u=i&sh=ya1sgh

Bring: The majority of the hike is exposed so bring hats, water, hiking boots, and for the up and down Edwards loop sections trekking poles will be helpful although the trail is generally firm underfoot and there are no slippery sections.

Directions to Start of Hike: From Walnut Creek head north on 680, take highway 4 west to the Cummins Skyway (exit 5) and after 1.7 miles at the light turn right down Crockett Boulevard. The entrance to Crockett Hills Regional Park is approximately 0.2 miles down Crockett Boulevard on the left. Google maps address to use is 1300 Crockett Boulevard, Crockett, CA 94525. There is plenty of parking and a bathroom at the trail head.

Car pooling is optional.

Optional Lunch: Crockett Cocina, 1207 Pomona Street Crockett. This is a chance to support a small local business half a mile from the trail head.

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