

## May 25, 2021 Hard Hike, Lafayette Reservoir Rim Trail

Hike Description – This is a strenuous hike of 6.1 miles with a total altitude gain of about 900 feet, circling the Lafayette Reservoir via the Rim Trail. We forego the usual \$5 parking fee at the Reservoir by entering the Rim Trail via a 0.7-mile path that links The Moraga Trail to the Reservoir Rim Trail from an access point at the intersection of Via Granada and Moraga Road in Moraga. This short shaded single-track access trail opens onto the main 4.7-mile Rim Trail loop which is a wide, largely open space dirt fire road which provides magnificent views of the surrounding area and the lake below. We will hike clockwise, eventually crossing the main Reservoir parking lot where there are restroom facilities and water. Once across the dam, we will hike up to the rim again and return to our cars via the same trail used to our Rim Trail hike. Advisory: at mile 1.9 we climb up “cardiac hill” which is the steepest part of the hike. Poles are extremely helpful on this hill and on the other ups and downs of this trail.

What to Bring – Trekking poles strongly recommended, sturdy shoes, water, sunscreen.

Directions to Hike – We meet at 10:00 on the NW corner of Via Granada and Moraga Road in Moraga where there is an unmarked trailhead that connects to the Rim Trail. There is ample street parking along Via Granada. From west-bound highway 24 take the central Lafayette exit, turning right onto Deer Hill Rd, immediately right onto First St, again right onto Mt. Diablo Blvd, then left onto Moraga Road. Travel 1.9 miles on Moraga Road up the winding hill to Via Granada. Take a right into Via Granada where there is ample street parking.

Ride Sharing – Recommend avoiding carpooling unless all parties are vaccinated, are from the same family or are members of no more than three families if they have been vaccinated. Wearing masks is encouraged.

Lunch post hike – not at this time (may change)

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The arrow marks the intersection of the 0.7-mile Moraga Trail access path to the 4.7-mile Lafayette Reservoir Rim Trail. The heart marks the location of “Cardiac Hill.”