

June 24, 2025 Hard Hike – Redwood Regional Park, Oakland – 10:00 AM

Hike Description: The June hard hike will take place in the shady forests of Redwood Regional Park. Our hike will be an intermediate/hard hike of 5 miles with about 600 feet of cumulated elevation gain.

The Hike starts at the **Canyon Meadow Staging Area** (the furthest parking lot beyond the entrance kiosk, and which is at 7867 Redwood Rd., Oakland CA). The trail head is about 20 miles (30-minute drive) from downtown Walnut Creek.

From the trail head the hike will start at **10:00 a.m.** We will be on the Stream Trail for about 1.3 miles and then turn onto the left on the Fern Trail with a moderate .4-mile up hill to the French Trail. Then follow the French trail for roughly 2 miles and connect with the Mill Trail and follow it for a short distance before connecting with the Stream Trail and back to Canyon Meadows.

Carpooling: Self-arranged.

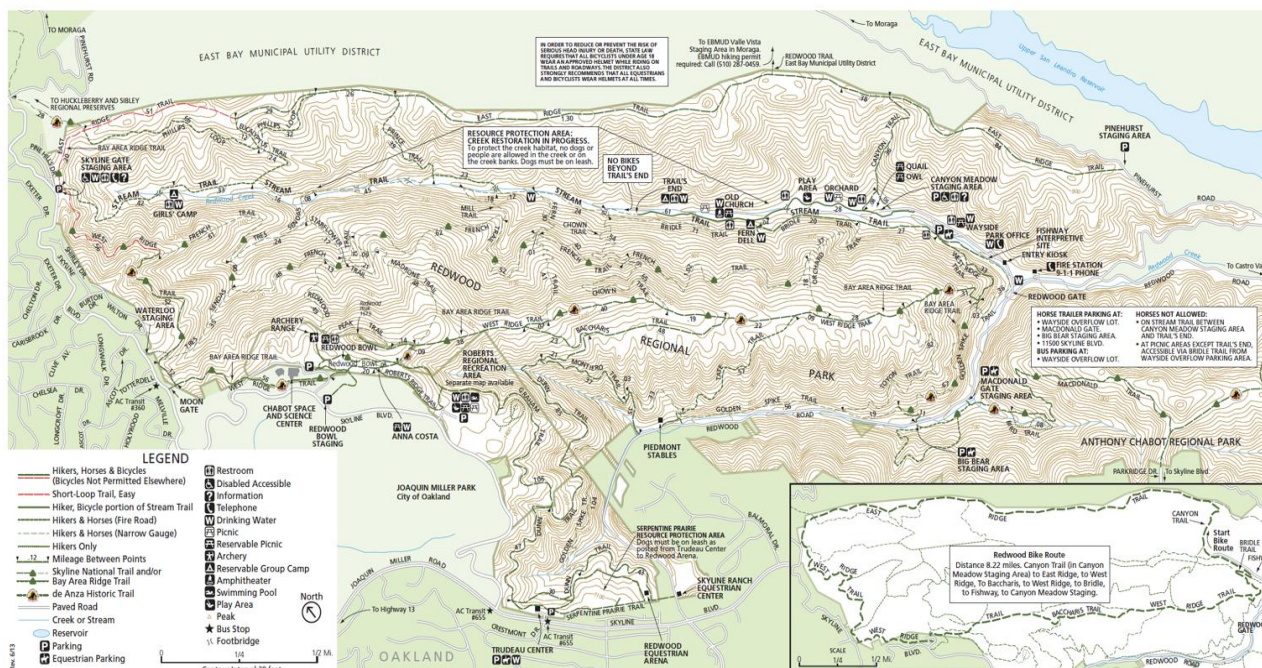
Directions to Trailhead: From Walnut Creek take Hwy 24 West through the Caldecott Tunnel. Use the right-hand tunnel and stay in the right lane and prepare to exit onto Hwy 13 South. Take Highway 13 to the Redwood Rd Exit and follow Redwood Road for about 5 miles, past Skyline Blvd and over the hill, to the Canyon Meadow Staging Area at 7867 Redwood Road. Total distance from WC is approx. 19 miles and takes about 30 minutes.

Bring: Water, hat, boots and hiking poles. There are some steep gravelly downhills on the trail.

Optional Lunch: in downtown Orinda at the Europa Hofbrau, 64 Moraga Way, Orinda, CA.

Hike Leader & Coordinator: Carl Ludwig; 415.350.7372; cludwig171@gmail.com

Park Map:



AllTrails: [Explore Stream Trail, Fern Trail, and French Trail Loop](#) | AllTrails

