

July 25 2023 Hard (and Easy Optional) Hike - Seaview Trail in Tilden Regional Park Hike 10:00 a.m.

Hike Description - Tilden's Seaview Trail offers spectacular bay views and some views of San Pablo and Briones reservoirs and Mount Diablo. The hike is an out and back of 4.6 miles with 1,000 feet AEG, but there's an easier option to make an early turnaround which offers most of the views in a 3 mile, 550 foot AEG hike. A stone circle with a bench and a view offers a place to wait for the full hikers.

We start from the staging area parking lot up the hill behind the Tilden Steam Train at **10 am**. Restrooms are available here. We head north on the Vollmer Peak Trail following a contour that quickly brings us Bay views. We turn right onto Arroyo Trail and take it east to the connection with the Seaview Trail. Here we begin the out and back portion of the hike. Our return will stay on the Seaview Trail all the way back to the parking lot.

The Seaview Trail dips down near the top of Big Spring Trail then climbs toward another scenic high spot, offering expansive Bay views and views in the opposite directions toward the reservoirs and Mount Diablo. Those that wish can turn back here for a 3 mile 550 foot AEG hike. We continue on to the junction of Seaview and Lower Big Spring Trails through a more woodsy section trending downhill, then return for the full hike.

Bring – Sturdy boots, water, hat, and trekking poles.

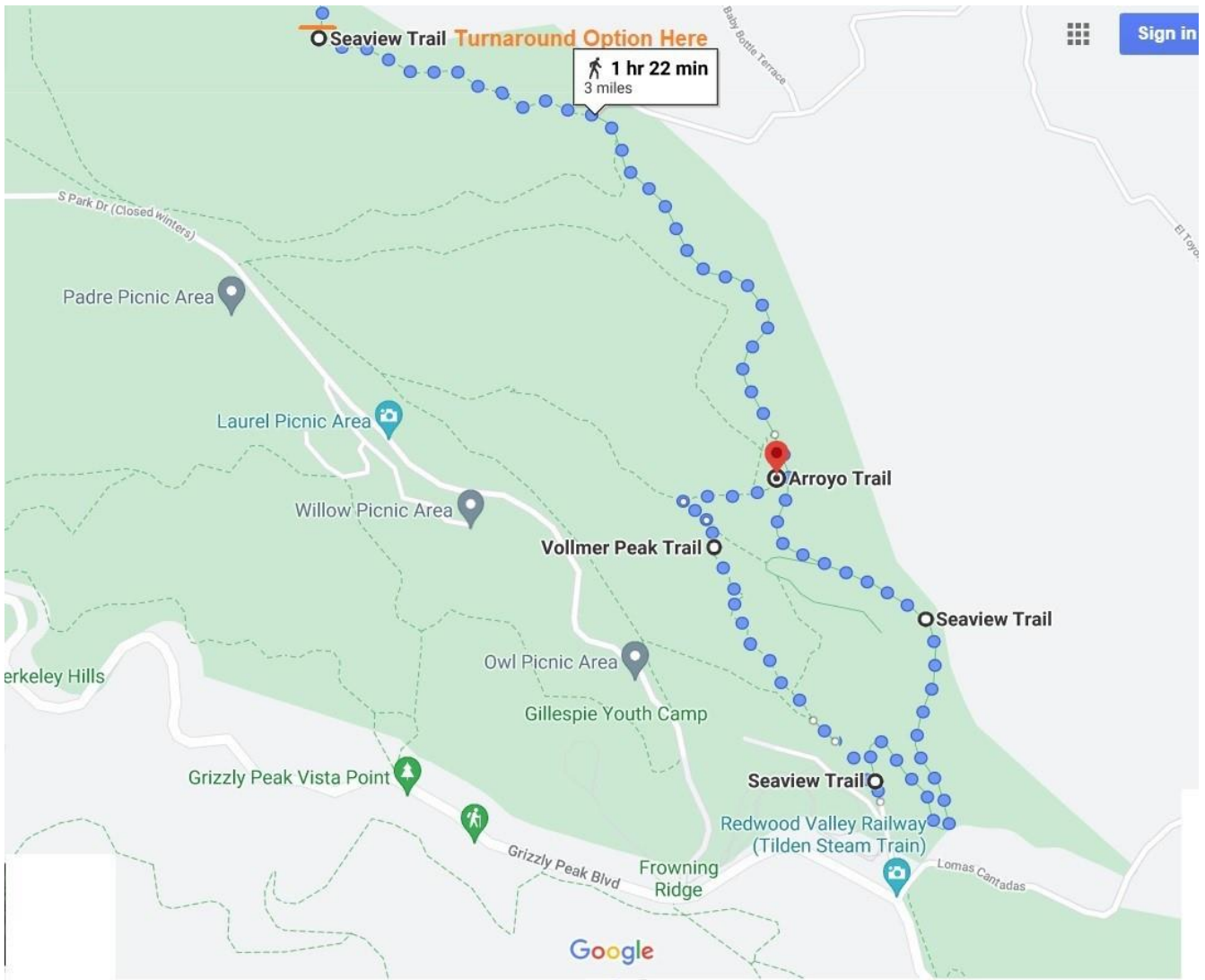
Directions to Trailhead: From Walnut Creek, take Highway 24 west to Fish Ranch Road (last exit before the tunnel). Turn right onto Fish Ranch Road and head uphill. At the 4-way stop turn right onto Grizzly Peak Road. Turn right then left at the Steam Train turn, but head uphill past the first parking lot, following the signs for Overflow Parking.


Carpooling: For those that would like to carpool, meet in the downtown Walnut Creek movie theatre parking garage between California and Locust streets. Meet in the middle of the 3rd floor open (north) side. Departure will be **9:15** to allow for delays that may arise on 24. IF YOU ARE CARPOOLING, be sure the driver and passengers agree on whether to go to lunch or not.

Optional lunch: in downtown Orinda at the Europa Hofbrau, 64 Moraga Way, Orinda, CA.

Hike Leader: David Glazer 415-847-5046 dbglazer@comcast.net

July Coordinator & Hikers Chairman: Carl Ludwig 415.350.7372 cludwig171@gmail.com



 via Vollmer Peak Trail and Arroyo Trail 59 min 2.2 miles
[DETAILS](#)

 via Seaview Trail 1 hr 9 min 2.4 miles
[DETAILS](#)

↑ 331 ft · ↓ 794 ft **Outbound**



↑ 886 ft · ↓ 433 ft **Return**

