

Redwood Regional Park, August 31, 2021 Hard Hike

In consideration of possible hot weather at the end of August, we will be moving into the shady forests of Redwood Regional Park. Our hike will be an intermediate level hike of 5 miles with 500 to 600 feet in elevation change starting. The Hike Starts at the Canyon Meadow Staging Area at 7867 Redwood Rd., Oakland CA. The trail head is about 20 miles (30-minute drive) from downtown Walnut Creek. Bring water. Trekking poles aren't necessary but are a good idea.

From the trail head the hike will start at **10am** on the Bridle Trail and then turn onto the Orchard Trail with a moderate .4-mile up hill to the French Trail. Then follow the French trail for roughly 2 miles and connect with the Mill Trail and follow it for a short distance before connecting with the Stream Trail and back to Canyon Meadows.

While there are plenty of redwood trees and shade, it could still get hot. Watch the weather reports and bring plenty of water, wear your shade hats. It shouldn't take us more than a couple of hours and we'll be on our way for a cold beer and pastrami sandwich or whatever your favorite might be.

Carpooling: Recommend avoiding carpooling unless all parties are vaccinated, are from the same family or are members of no more than three families if they have been vaccinated. Wearing masks is encouraged.

Directions: From Walnut Creek take Hwy 24 West thru the Caldecott Tunnel. Use the right-hand tunnel and stay in the right lane and prepare to exit onto Hwy 13 South. Take Highway 13 to the Redwood Rd Exit and follow Redwood Road, up and over the hill, to the Canyon Meadow Staging Area at 7867 Redwood Road. Total distance from WC is approx. 19 miles and takes about 30 minutes.

Optional Lunch: in downtown Orinda at the Europa Hofbrau, 64 Moraga Way, Orinda, CA.

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