

## **August 26, 2025 Hard Hike – San Francisco Northeast Tour – Special Start Time**

**Hike Description:** This hike incorporates an up-and-down tour of the northeast section of San Francisco, including Coit Tower, China Town, North Beach, Nob Hill, and the Financial District. We hike about five miles with 550 feet of elevation gain, gathering in the social vibe of some of the most iconic cultural areas of the city.

We ride BART to the Embarcadero Station following the special start times and instruction below. A stroll up the Embarcadero to the base of the steps leading to Coit Tower completes the first easy leg. The 400-step climb to the tower offers great views of the bay as glimpsed from the well-tended gardens along the way. Then a drop down into North Beach, across Broadway into China Town gives us a taste of these two historic SF locations. We proceed up Sacramento Steet, paralleling the street cars for the mile up to the top of Nob Hill where we can view the famous SF hotels and Grace Cathedral. A final meander down into the Financial District will bring us to an eating place where we can refuel before heading back to the east bay on BART.

There are restrooms and water at the Ferry Building before the start, and restaurant.

### **Special Directions and Start Time for the Hike:**

- 1) Meet at the **Walnut Creek BART south bound platform 2 at 9:03 AM.** (LAST CAR). We exit at Embarcadero Station at 9:39 AM to begin our hike.
- 2) See below for a link to a full BART schedule and a picture of the train noted above. It is possible to board the train at stations other than WC. Carl Ludwig, our hike leader, will board in Orinda Station.

**Bring:** Hats, water, sturdy hiking boots, trekking poles.

**Optional Lunch:** Per Diem - Financial District, 43 Sutter St. (or similar).

AllTrails Map (for the first  $\frac{3}{4}$  of hike):

[https://www.alltrails.com/explore/recording/afternoon-hike-at-del-amigo-trail-to-madrone-and-virgil-williams-trail-54baf7f?sh=carl-ludwig&utm\\_campaign=memory&unfurl=false&showMemory=true](https://www.alltrails.com/explore/recording/afternoon-hike-at-del-amigo-trail-to-madrone-and-virgil-williams-trail-54baf7f?sh=carl-ludwig&utm_campaign=memory&unfurl=false&showMemory=true)

BART morning schedule:

[MARCH 24 2025 WDAY Service for Antioch\\_SFO \(Yellow\) Line \(1\).pdf](#)

ANTIOCH TO SFO + MIDDLEBURY																
ANTOC	PITTC	BAY PT	N CON	CONCD	PHILL	W CRK	LAFAY	ORND	ROCKR	MACAR	19ST	12ST	W OAK	EMBAR	MONTG	POWE
AM				4:47 AM	4:52 AM	4:55 AM	5:00 AM	5:05 AM	5:11 AM	5:14 AM	5:18 AM	5:20 AM	5:24 AM	5:31 AM	5:33 AM	5:35 #
				4:55 AM	5:00 AM	5:03 AM	5:07 AM	5:12 AM	5:18 AM	5:21 AM	5:25 AM	5:27 AM	5:32 AM	5:39 AM	5:40 AM	5:42 #
4:50 AM	4:57 AM	5:04 AM	5:11 AM	5:15 AM	5:20 AM	5:23 AM	5:27 AM	5:32 AM	5:38 AM	5:41 AM	5:45 AM	5:47 AM	5:52 AM	5:59 AM	6:00 AM	6:02 #
5:10 AM	5:17 AM	5:24 AM	5:31 AM	5:35 AM	5:40 AM	5:43 AM	5:47 AM	5:52 AM	5:58 AM	6:01 AM	6:05 AM	6:07 AM	6:12 AM	6:19 AM	6:20 AM	6:22 #
5:30 AM	5:37 AM	5:44 AM	5:51 AM	5:55 AM	6:00 AM	6:03 AM	6:07 AM	6:12 AM	6:18 AM	6:21 AM	6:25 AM	6:27 AM	6:32 AM	6:39 AM	6:40 AM	6:42 #
5:43 AM	5:50 AM	5:56 AM	6:03 AM	6:07 AM	6:12 AM	6:15 AM	6:19 AM	6:24 AM	6:30 AM	6:33 AM	6:37 AM	6:39 AM	6:44 AM	6:51 AM	6:52 AM	6:54 #
6:03 AM	6:10 AM	6:16 AM	6:23 AM	6:27 AM	6:32 AM	6:35 AM	6:39 AM	6:44 AM	6:50 AM	6:53 AM	6:57 AM	6:59 AM	7:04 AM	7:11 AM	7:12 AM	7:14 #
6:23 AM	6:30 AM	6:36 AM	6:43 AM	6:47 AM	6:52 AM	6:55 AM	6:59 AM	7:04 AM	7:10 AM	7:13 AM	7:17 AM	7:19 AM	7:24 AM	7:31 AM	7:32 AM	7:34 #
6:43 AM	6:50 AM	6:56 AM	7:03 AM	7:07 AM	7:12 AM	7:15 AM	7:19 AM	7:24 AM	7:30 AM	7:33 AM	7:37 AM	7:39 AM	7:44 AM	7:51 AM	7:52 AM	7:54 #
7:03 AM	7:10 AM	7:16 AM	7:23 AM	7:27 AM	7:32 AM	7:35 AM	7:39 AM	7:44 AM	7:50 AM	7:53 AM	7:57 AM	7:59 AM	8:04 AM	8:11 AM	8:12 AM	8:14 #
7:23 AM	7:30 AM	7:36 AM	7:43 AM	7:47 AM	7:52 AM	7:55 AM	7:59 AM	8:04 AM	8:10 AM	8:13 AM	8:17 AM	8:19 AM	8:24 AM	8:31 AM	8:32 AM	8:34 #
7:43 AM	7:50 AM	7:56 AM	8:03 AM	8:07 AM	8:12 AM	8:15 AM	8:19 AM	8:24 AM	8:30 AM	8:33 AM	8:37 AM	8:39 AM	8:44 AM	8:51 AM	8:52 AM	8:54 #
8:03 AM	8:10 AM	8:16 AM	8:23 AM	8:27 AM	8:32 AM	8:35 AM	8:39 AM	8:44 AM	8:50 AM	8:53 AM	8:57 AM	8:59 AM	9:04 AM	9:11 AM	9:12 AM	9:14 #
8:23 AM	8:30 AM	8:36 AM	8:43 AM	8:47 AM	8:52 AM	8:55 AM	8:59 AM	9:04 AM	9:10 AM	9:13 AM	9:17 AM	9:19 AM	9:24 AM	9:31 AM	9:32 AM	9:34 #
8:43 AM	8:50 AM	8:56 AM	9:03 AM	9:07 AM	9:12 AM	9:15 AM	9:19 AM	9:24 AM	9:30 AM	9:33 AM	9:37 AM	9:39 AM	9:44 AM	9:51 AM	9:52 AM	9:54 #
9:03 AM	9:10 AM	9:16 AM	9:23 AM	9:27 AM	9:32 AM	9:35 AM	9:39 AM	9:44 AM	9:50 AM	9:53 AM	9:57 AM	9:59 AM	10:04 AM	10:11 AM	10:12 AM	10:14 #
9:23 AM	9:30 AM	9:36 AM	9:43 AM	9:47 AM	9:52 AM	9:55 AM	9:59 AM	10:04 AM	10:10 AM	10:13 AM	10:17 AM	10:19 AM	10:24 AM	10:31 AM	10:32 AM	10:34 #

