

October 11, 2022 Easy Hike: Bollinger Creek Loop Trail, Las Trampas Regional Wilderness, San Ramon

This is a short easy hike with a 3-rating in the Las Trampas Regional Wilderness, **starting at 10:00am**. The hike is 1.8 miles with and an optional add-on of 1.0 miles. Including the optional add-on, we will have about 350 feet of elevation gain. The terrain on the creek loop is a dried, single file dirt trail. Hiking poles can be an asset. There are short climbs at the beginning and end of the hike, with the remainder a pleasant journey along Bollinger Creek on level, shady trails. The add-on is on a wide, well-maintained trail. Total hike time will be approximately 1.5 hours.

Directions to Las Trampas Regional Wilderness: For I-680 South, go to Crow Canyon and turn right. For I-680 North, take the Crow Canyon exit, turn left and go over the freeway. From both directions, proceed west on Crow Canyon 1.1 miles to Bollinger Canyon Road. Turn right on Bollinger Canyon Road, go 3.9 miles to the main parking lot. Non-flushing restrooms are at the trail head. Water is not available.

What to bring: Water, hat, hiking boots and poles.

Carpooling: Meet at the downtown Walnut Creek Cinemark Theater parking garage, located between California and Locust streets. Meet in the middle of the 3rd floor open area on the north side. Departure time is **9:15**.

Optional lunch: Pete's Brass Rail & Car Wash, 201 Hartz Avenue, Danville. (Bollinger to Crow Canyon; I-680 N to Diablo exit. Left turn on Diablo to Hartz Ave, right turn one block to restaurant).

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