

Redwood Regional Park, November 29, 2022 Hard Hike

The November's hard hike will take place in the shady forests of Redwood Regional Park. Our hike will be an intermediate/hard hike of 5 miles with about 600 feet of cumulated elevation gain. **Special note:** this is the time of year when ladybugs aggregate in the park to over-winter. We may see many!

The Hike Starts at the **Canyon Meadow Staging Area** (the furthest parking lot beyond the entrance kiosk, and which is at 7867 Redwood Rd., Oakland CA. The trail head is about 20 miles (30-minute drive) from downtown Walnut Creek. Bring water.

From the trail head the hike will start at **10:00 a.m.** We will be on the Stream Trail for about 1.3 miles and then turn onto the left on the Fern Trail with a moderate .4-mile up hill to the French Trail. Then follow the French trail for roughly 2 miles and connect with the Mill Trail and follow it for a short distance before connecting with the Stream Trail and back to Canyon Meadows.

Carpooling: Meet at the Landmark theater at Locust & Mt. Diablo Blvd. in Walnut Creek.

Directions to Trailhead: From Walnut Creek take Hwy 24 West through the Caldecott Tunnel. Use the right-hand tunnel and stay in the right lane and prepare to exit onto Hwy 13 South. Take Highway 13 to the Redwood Rd Exit and follow Redwood Road for about 5 miles, past Skyline Blvd and over the hill, to the Canyon Meadow Staging Area at 7867 Redwood Road. Total distance from WC is approx. 19 miles and takes about 30 minutes.

Bring: Hiking poles are a good idea. There are some steep gravelly downhill on the trail.
Water

Optional Lunch: in downtown Orinda at the Europa Hofbrau, 64 Moraga Way, Orinda, CA.

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